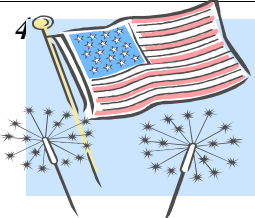


July 2010

Group Fitness Class Schedule

Sun	Mon	Tue	Wed	Thu	Fri	Sat
				1 12:10pm Upper Management	2 12:10 Middle Management	3
4 	5 YWCA CLOSED	6 12:10 pm Zumba	7 12:10 pm Boot Camp	8 12:10 pm Circuit Training	9 12:10 Middle Management	10
11	12 12:10 pm Step	13 12:10 pm Zumba	14 12:10 pm Boot Camp	15 12:10 pm Mixed Intervals	16 12:10 Middle Management	17
18	19 12:10 pm Step	20 12:10 pm Zumba	21 12:10 pm Boot Camp	22 12:10pm Cardio Circuit	23 12:10 Middle Management	24
25	26 12:10 pm Step	27 12:10 pm Zumba	28 12:10 pm Boot Camp	29 12:10 pm Step w/ Warren	30 12:10 Middle Management	31